

Most Dillos know us from hosting The Wacky Olympics 4 years in a row, or have heard urban legends of our LEGENDARY Summer Camp adventures. But as a former Dillo Dad, we're most proud to be named **Austin ISD's Partners in Education "Partner of The Year" for 2018, 2019, and 2020**, and we're committed to providing enriching experiences for our FitKids!

**K-LEAGUE: YOUTH BASKETBALL '22:** The Fitness School and our sponsor, The Austin Spurs, will host the K-League Youth Basketball Program for its 2nd season starting April 9th. With training concepts designed by The Austin Spurs to accommodate youth players on all levels. It is here, we introduce team offensive and defensive concepts, while encouraging individual and group fundamentals to further skills, understand the concept of team play, and have FUN! Any boy or girl, between the 5th and 8th grades are encouraged to participate in this League. All players are arranged in groups according to age, size, and ability. Every player receives a custom Spurs jersey to wear in their games and a complimentary ticket to Spurs home game! You don't want to miss this! Join now, space is limited!

**SUMMER CAMP '22:** In a society focused more on iPads than active play, it's important that kids realize the value of a healthy, active lifestyle. Our high-paced activities are designed for all ages, which engages all campers to participate while encouraging a fun and fitness-focused environment. Now on our 6th Summer Camp season, our all-day field trips feature our friends Jason's Deli, Six Flags-Fiesta Texas, Dave and Busters, The Crossover-Cedar Park, Playland Skate Center, Alamo Drafthouse, Texas Ski Ranch, and Blazer Tag Adventure Center. Every FitKid is guaranteed to have a great time! 1, 3 and 5-day options, as well as sibling discounts are available. Join now, space is limited!

<https://thefitnessschool.org>

**AFTER-SCHOOL FITNESS ENRICHMENT:** Designed to address and enhance fitness, health and wellness for kids and families by partnering with AISD schools and our community-based FitPods™. Delivered on campus, after school, and throughout the community, our FitSchool programs teach the building blocks of fitness regardless of age, competency, or fitness level developing meaningful fitness skills that will last a lifetime!

<https://thefitnessschool.org/programs/after-school-enrichment/>

The Fitness School's primary goal is to encourage kids to not only participate in fitness but to foster an environment which allows them to have fun doing it! We look forward to making your kids FitKids! Questions? Please email [info@thefitnessschool.org](mailto:info@thefitnessschool.org) or call 512-900-5758.

**Yours in Good Health, Coach Jason, Founder & Dillo Dad**