

A NOTE FROM NURSE PIERSON HILL ELEMENTARY SCHOOL

Dear Hill Parents,

The last few weeks I have seen an increase in diagnosed cases of Strep Throat as well as Scarlet Fever. Criteria for exclusion from school is fever free and on antibiotics for 24 hours prior to returning to school.

The symptoms that I have been seeing are as follows:

- Sore throat and pain with swallowing (sometimes the throat pain is minimal)
- Redness to throat can range from mild to very red and angry looking and I have yet to see any cases where white plaques are noted
- stomach ache and/or vomiting
- swollen lymph nodes to neck
- fatigue
- fever only present in small percentage of children
- mild, intermittent cough

These symptoms do not always present as clear-cut signs of strep throat. A few students had only vomiting and no mention of soreness to throat. If you feel that your child has any of these symptoms and they feel ill, I am recommending a physician appointment to rule out the possibility of strep throat. Scarlett fever, however, is easier to notice due to the red rash that appears on arms and trunk. Here at Hill, I am recommending twice daily disinfection of all water fountains and reminding students to wash hands, cover cough and to not share water bottles.

I am including 2 links to CDC website that explain Strep Throat and Scarlett Fever in detail.

<https://www.cdc.gov/groupastrep/diseases-public/strep-throat.html>

<https://www.cdc.gov/groupastrep/diseases-public/scarlet-fever.html>